

Monday

Tuesday

Wednesday

Thursday

Friday



6
Chicken Patty on Whole Grain Bun
Oven Fries
Assorted Fruit & Vegetables

7
Beef or Chicken Nachos
Assorted Toppings
Steamed Corn
/
Stuffed Crust Pizza
Assorted Fruit & Vegetables

1
Pasta with Meat Sauce
Whole Grain Garlic Bread
Steamed Vegetable
/
Chicken Nugget Meal
Whole Grain Flat Bread

2
French Toast Sticks
Assorted Yogurt
Baked Tater Tots
Assorted Fruit & Vegetables

3
Whole Grain Gill's Pizza
Assorted Toppings
Caesar Salad
Assorted Fruit & Vegetables

13
Hamburger/Cheeseburger on Whole Grain Bun
Oven Fries
Assorted Fruit & Vegetables

14
WG Cinnamon Bun
Baked Tater Tots
Cheese Stick
Assorted Fruit & Vegetables

8
BBQ Pulled Pork
Mashed Potatoes
Steamed Vegetables
WG Dinner Roll
Chicken Nugget Meal
Whole Grain Flat Bread

9
General Tso's Chicken
Brown Rice
Steamed Green Beans
/
Chicken Quesadilla
Assorted Fruit & Vegetables

10
Whole Grain Gill's Pizza
Assorted Toppings
Caesar Salad
Assorted Fruit & Vegetables

20
WG Chicken Tenders
Oven Fries
Steamed Vegetable
Assorted Fruit & Vegetables

21
Alfredo Chicken, Broccoli Pasta
Whole Grain Dinner Roll
/
Whole Grain Pizza
Assorted Fruit & Vegetables

-Early Release- 15
Grab & Go Assorted Sandwiches
Assorted Fruit & Vegetables

16
Appetizer Bowl
WG Chicken Nuggets
WG Mozzarella Sticks
Oven Fries
Assorted Fruit & Vegetables

17
Whole Grain Gill's Pizza
Assorted Toppings
Caesar Salad
Assorted Fruit & Vegetables

27
-No School -

28
Whole Grain Waffle
Baked Hash Brown
Egg Patty
Assorted Fruit & Vegetables

22
Teriyaki Chicken
Veggie Lo Mein
Steamed Vegetable
/
Bacon, Egg, Cheese on Biscuit

23
Macaroni & Cheese
Whole Grain Dinner Roll
California Veggie Medley
/
Chicken Nugget Meal
Whole Grain Pretzel

24
Whole Grain Gill's Pizza
Assorted Toppings
Caesar Salad
Assorted Fruit & Vegetables

29
Pasta with Meat Sauce
Whole Grain Garlic Bread
Steamed Green Beans
/
WG Stuffed Crust Pizza
Assorted Fruit & Vegetables

30
Buffalo Chicken Dip
Tortilla Chips
Celery & Baby Carrots
/
Chicken Quesadilla
Assorted Fruit & Vegetables

31
Whole Grain Gill's Pizza
Assorted Toppings
Caesar Salad
Assorted Fruit & Vegetables

All meals served with fruit, vegetables, and low fat assorted milk choices

Alternative Meals Offered Daily: Fresh Assorted Salads and Sandwiches - All Accompanied with Assorted Fresh Fruit, Fresh Vegetables, and Low Fat Assorted Milk

